

Name: _____

Date: _____

Directions: Choose a day of the week and construct an hour-by-hour schedule. Then, keeping in mind the two-fold mission we all share as baptized Catholics, locate the times when you find it easiest and hardest to remember to be a friend of Jesus in prayer. Finally, determine three times in the day that you would benefit from incorporating prayer into your day.

Time	Task or Event	Easiest	Most Difficult	Incorporate Prayer
7 am - 8 am		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8 am - 9 am		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9 am - 10 am		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10 am - 11 am		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11 am - 12 pm		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12 pm - 1 pm		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1 pm - 2 pm		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 pm - 3 pm		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3 pm - 4 pm		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4 pm - 5 pm		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 pm - 6 pm		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6 pm - 7 pm		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7 pm - 8 pm		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5.2.3.10.ET

Name one friend who could help keep you accountable to prayer throughout the day. During which of the three times selected could you pray with them?
