

Hail Mary, (Lift your right hand and point to the sky.)

Full of grace, (Lift your left hand and point to the sky.)

The Lord is with you. (Bring your hands down folded near your heart.)

Blessed are you among women, (Take your right hand and sweep it across your body, pointing to all the girls in the group around you.)

And blessed is the fruit of your womb, Jesus. (Pretend you are rocking a baby in your arms.)

Holy Mary, (Lift your right hand and point to the sky.)

Mother of God, (Lift your left hand and point to the sky.)

Pray for us sinners, (Bring your hands down folded near your heart.)

Now (Point down to the ground with both hands.)

And at the hour of our death. (Point to a pretend watch on your wrist.)

Amen. (Bring hands together folded near your heart.)