



The Sacrament of Baptism

Water is very necessary to our lives. But it is not just physically important - it is also important spiritually. We must first receive the Sacrament of baptism in order to receive salvation. Baptism has the ability to wash away our sins. This gives us a new life in the Holy Spirit and makes us members of the Catholic church.

Sacraments require both word and action.

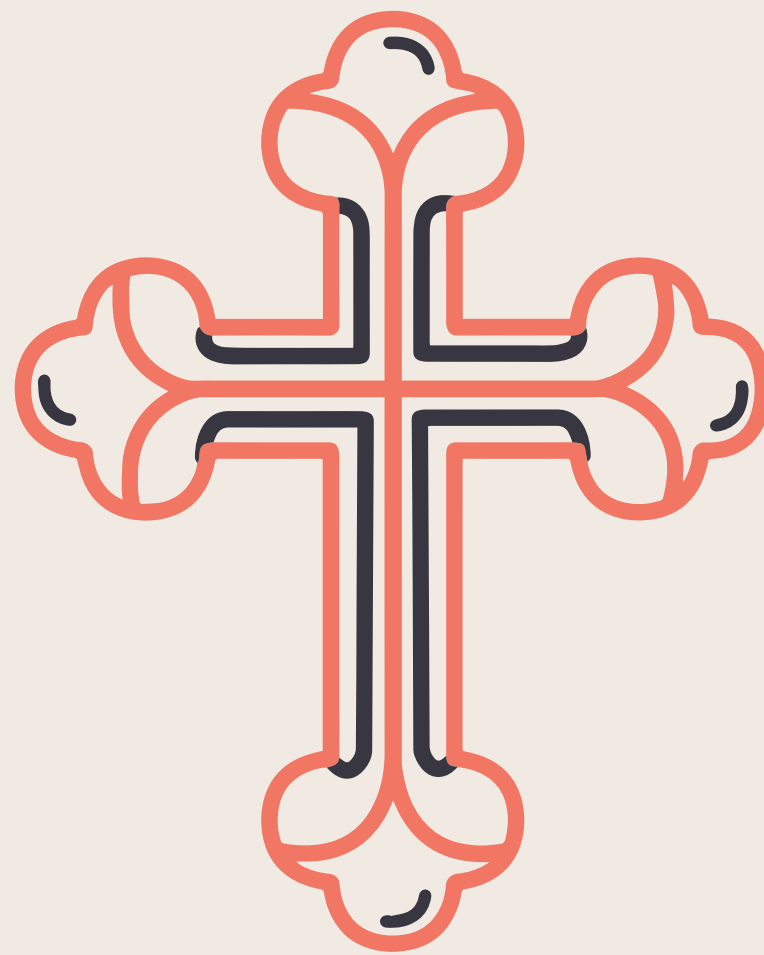
The Sacrament of Baptism goes like this:

- The priest pours water on the head of the person being baptism (or they are immersed into the water)
 - While the priest administers the water, he then says "I baptize you in the name of the Father, Son, and Holy Spirit."

Why is Baptism necessary?

Baptism is necessary because it forgives the stain of original sin - which we received when we were born. Sin is a sort of death - it separates us from God and His goodness. But Baptism is what gives us new life. We share in Christ's death on the cross and resurrect into a life of grace.

Baptism restores our broken relationship with God. Then we can become a part of His family and call Him Father - He takes us in and gives us new life in this freedom.



The Baptized person receives sanctifying Grace, which is God's life in the person.

Baptism also leaves an indelible (permanent) mark on our soul. Therefore, you can only receive it once.